

# AUGUST 2018

## SOUTH BEND COMMUNITY SCHOOL HEAD START/PRE-K

Monday

Tuesday

Wednesday

Thursday

Friday



6

7

1

2

3

6

7

8

9

10

13

14

1

15

16

17

**Breakfast**  
WG Breakfast Slider

**Lunch**  
PBJ Wafer w/Cheese Stick  
Veggie/Fruit Juice  
Pears – ½ cup

20

**Breakfast**  
Cinnamon Mini Bagels-1

**Lunch**  
Nachos and Cheese  
WG Tostito Chips-1  
French Fries-1/2 cup  
Peaches-1/2 cup

21

**Breakfast**  
Smoothie w/WG Cracker

**Lunch**  
WG Calzone  
Whole Kernel Corn-1/2 cup  
Applesauce 1/2 cup

22

**Breakfast**  
Breakfast Wrap

**Lunch**  
Turkey & Cheese Sandwich WG Bread 1  
Baked Beans-1/2 cup  
Mixed Fruit— ½ cup

23

**Breakfast**  
Mini Cinnamon Waffles

**Lunch**  
Turkey Cheese Anytimers-1 Kit  
Baby Carrots and Dip  
Peaches ½ cup

24

**Breakfast**  
French Toast

**Lunch**  
Turkey & Cheese Wedge Sandwich-1  
Baked Beans—½ cup  
Pears -1/2 cup

27

**Breakfast**  
WG Breakfast Slider

**Lunch**  
Small PBJ WG Sandwich-1  
Cheese Stick-1  
Veggie/Fruit Juice  
Diced Peaches-1/2 cup

28

**Breakfast**  
Smoothie w/WG Cracker

**Lunch**  
Mini Cheeseburgers on WG Bun  
Potato Rounds— ½ cup  
Applesauce-1/2 cup

29

**Breakfast**  
Pancake on a Stick

**Lunch**  
WG Bologna & Cheese Sandwich-1  
California Blend – ½ cup  
Mixed Fruit – ½ cup

30

**Breakfast**  
Breakfast Toast

**Lunch**  
WG Pizz-1  
Baby carrots w/Dip  
Applesauce-1/2 cup

31

*This institution is an equal opportunity provider.  
Esta institución es un proveedor que ofrece igualdad de oportunidades*

